

prepare for marriage

Knowing me, Knowing you

How well do you know your partner?

Print off this PDF quiz and complete it individually, then compare your answers and find out how well you understand each other.

No peeking at your partner's answers until you have both finished!

Please read through the list and follow these instructions:

1. In column A, tick the three that matter most to you (i.e., that you would most like your partner to give to you).

2. In column B, tick the three that you believe matter most to your partner (i.e. that you think they would most like to receive from you).

N.B: There is some overlap between the different desires – tick those three which most clearly express your preferences.

3. When you have both finished, exchange your responses and find out how well you understand your partner.

- How close were you to selecting the three that matter most to your partner?
- How many of the same desires did you and your partner put for yourselves?
- Consider which, if any, of the list of desires you tend to give least to your partner. Are these any of the three that matter most to your partner?

A B

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Affirmation - being appreciated for who you are by your partner |
| <input type="checkbox"/> | <input type="checkbox"/> | Approval - being commended for those things you have done well |
| <input type="checkbox"/> | <input type="checkbox"/> | Companionship - doing things together and sharing experiences |
| <input type="checkbox"/> | <input type="checkbox"/> | Conversation - talking together about issues of interest and importance |
| <input type="checkbox"/> | <input type="checkbox"/> | Encouragement - being inspired to keep going through your partner's words |
| <input type="checkbox"/> | <input type="checkbox"/> | Openness - being confident of your partner's honesty about every aspect of their lives, including their feelings and ideas |
| <input type="checkbox"/> | <input type="checkbox"/> | Physical affection - the communication of care and closeness through physical touch |
| <input type="checkbox"/> | <input type="checkbox"/> | Practical help - experiencing your partner's help in big or small tasks |
| <input type="checkbox"/> | <input type="checkbox"/> | Presents - receiving tangible expressions of love and thoughtfulness |
| <input type="checkbox"/> | <input type="checkbox"/> | Respect - having your ideas and opinions considered and valued by your partner |
| <input type="checkbox"/> | <input type="checkbox"/> | Security - facing the future confident of your partner's commitment to love you and stay with you |
| <input type="checkbox"/> | <input type="checkbox"/> | Support - knowing your partner is working with you to fulfil your goals |
| <input type="checkbox"/> | <input type="checkbox"/> | Time together - knowing your partner has set aside time to be with you on a regular basis |
| <input type="checkbox"/> | <input type="checkbox"/> | Understanding - knowing your partner is aware of what matters to you |
| <input type="checkbox"/> | <input type="checkbox"/> | Undivided attention - focusing on each other to the exclusion of any distractions |